



ANNUAL REPORT

**20
22**



Legion Foundation
BC/Yukon Command

WELCOME

2022 was an exciting year for the Legion Foundation. As we slowly emerged from the shut-down of the pandemic, our work with our core program partners continued. We have several partners that have been working with us to support veterans for many years. In 2022, our BCIT Military Skills Conversion Program sponsorship entered it's 12th year, our partnership supporting service dogs entered it's 9th year, and our work with the Veterans Transition Network entered it's 13th year. We look forward to many years of working alongside organizations that support the many needs of veterans in BC and the Yukon. We also look forward to working alongside new partners as we launch new programs in 2023.

The Legion Foundation would not be able to do the work we do without the unwavering support of Legion Branches, Ladies Auxiliaries and individual donors. Through online donations, support of our Key Tag program, partaking in our online 50/50 draws or creating a gift in their Will, Legion Foundation donors have been steadfast. This has allowed us to emerge from the pandemic in a strong position to help even more veterans in the future. We thank you for your tremendous generosity!

Should you ever have any questions about how your donation was used, please contact our Executive Director, Amber Stewart, at 604-579-0087.

Our Mission: Enriching the lives of veterans, first responders and their families, and seniors, by supporting & delivering programs across BC & the Yukon.

Our Vision: All veterans, first responders and their families, and seniors, receive unconditional care and respect.

How We Do This: By supporting and delivering programs that focus on mental health, medical supports, research and those who are homeless or under-housed.

The Legion is known for caring for veterans and the Legion Foundation was proud to support several veteran-serving organizations in 2022.

In total, we provided over \$260,000 in mental health supports, including veteran-specialized small-group counselling and PTSD service dogs.

In partnership with the BCIT Military Skills Conversion Program, several veterans were supported in achieving post-secondary credit for skills gained while in the military.

We were pleased to reach our funding goal of \$250,000 for the Lokomat gait training machine at Legion Veterans Village. This specialized equipment is in high-demand, helping injured veterans learn to walk again.

SUPPORTING VETERANS

Veterans take part in the Axe Forging weekend at Honour Ranch - October 2022
Photo credit: Chris Hennebery



RHEAL'S STORY



Rheal is a shy person but with the help of Lucy, his service dog, you would never know it.

"Lucy has given me more confidence".

Rheal and Lucy are the 100th team to graduate from the OSI-PTSD program offered through VICD Service Dogs, a partner of the Legion Foundation. These "dogs with jobs" work as teams to learn to be emotionally tuned to their person and their unique triggers. For people like Rheal, who served in Afghanistan, this can be a lifeline to the world.

"Being in public is still a work in progress, but having a Service Dog makes it so that my focus is on the team aspect of our relationship rather than what's happening around me or in my head. Lucy helps reduce my stress."

Congratulations, Rheal & Lucy!



HELPING COMMUNITY

Past President Glenn Hodge presents a donation
to KBRH Health Foundation - November 2022
Photo credit: Pamela Clausen

Through our annual grant process, the Foundation awarded over \$18,000 to 13 different charities in BC. One such charity was the Garden of Gratitude project at the Columbia View Lodge run by KBHR Health Foundation.

Columbia View Lodge is a long-term care facility providing full-time care for 76 residents in Trail, BC. The gardens at Columbia View Lodge are used for outdoor recreational activities for large or small groups, as well as provide private space for families to interact. Phase 1 of the project will widen and level the concrete pathways, create a larger gathering area, install much-needed sunshades, and add raised and mobile garden beds.

We are excited to see the positive impact this space will have on the health and wellbeing of residents, families and employees!

RYAN'S STORY



One of the people helped through small-group, peer-supported counselling is Ryan. While serving with the RCMP, Ryan realized that anger had become the main emotion he used to express himself.

"When you go to a regimented-style military training, you learn that no matter what, you're going to push through and you're going to be successful. You try to apply that to everything in life. But with something like this, you can't just push through."

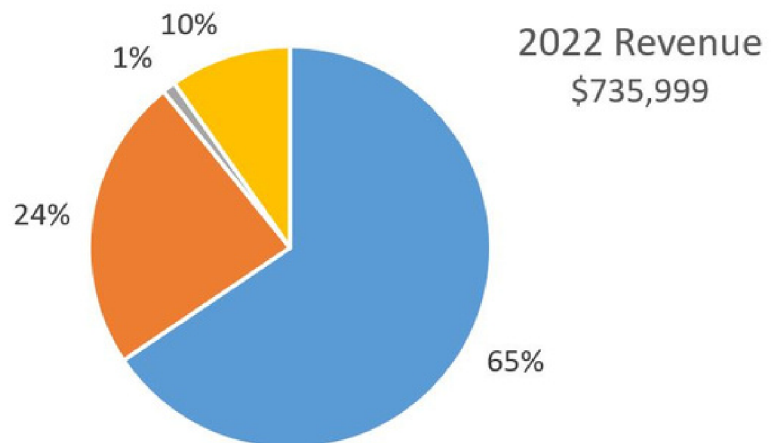
In late 2021, Ryan was connected with Veterans Transition Network, a partner of the Legion Foundation. With the support of his wife and young daughter, he attended a 5-day retreat-style session. During that time, Ryan learned tools to help navigate his emotions and traumas and how to redirect his mind. Ryan was able to return to his family and career, better equipped.

"VTN gave me my life back."

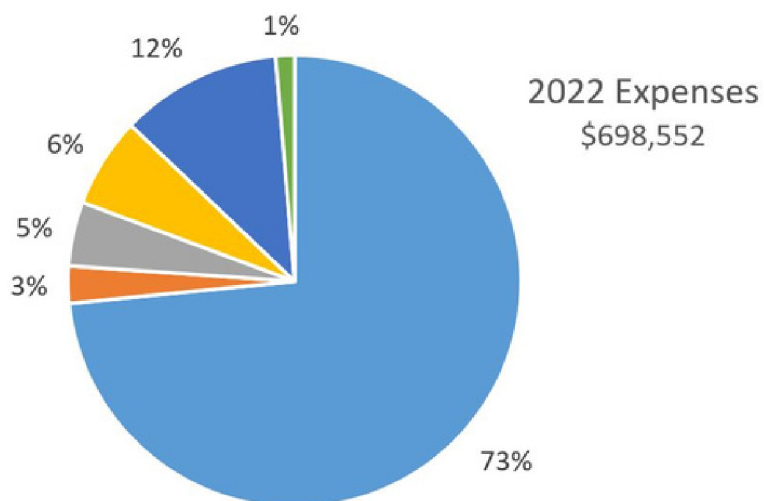
FINANCIALS

0%

of our funding
comes from the
government



■ Designated Funds ■ Unrestricted Donations ■ Grants ■ Lease Revenue



73%
of every dollar spent
went directly to
programs

■ Donations ■ Fundraising Costs ■ Interest
■ Audit & professional fees ■ Staffing & support ■ Office Supplies & telephone



LEAVE THE STREETS BEHIND

"Leave the Streets Behind" is part of the Legion's national program to prevent & eradicate veterans' homelessness. Photo credit: Dominion Command

In 2023, the Legion Foundation will launch a new program called "Leave the Streets Behind" that aims to support veterans experiencing homelessness or near homelessness. Based on the program run by the Ontario Command for over 13 years, we will start by providing Comfort Bags and Apartment Kits to veterans in need. Our plan is to work with community partners and local Legion branches to distribute 50 Comfort Bags and 25 Apartment Kits during our first year of operations. Ultimately, our goal is to connect with veterans to ensure they have the support they need until they are ready to "Leave the Streets Behind".

To learn more about this program or how you can help, please visit the Legion Foundation's website.



THANK YOU

We would like to thank the following Legion Branches for their support in 2022:

Branch 107 Chase
Branch 11 Trail
Branch 114 Lynn Valley
Branch 133 Port Coquitlam
Branch 134 Malahat
Branch 139 Williams Lake
Branch 140 Sechelt
Branch 141 Dawson Creek
Branch 160 Comox
Branch 170 Castlegar
Branch 189 Oyama
Branch 194 Clinton
Branch 2 New Westminster
Branch 210 Lake Cowichan
Branch 211 Bowser

Branch 229 Whalley
Branch 242 Barrier
Branch 256 Mount Benson
Branch 257 Lantzville
Branch 259 Clearwater
Branch 261 Forest Grove
Branch 265 Aldergrove
Branch 27 Prince Rupert
Branch 281 Port McNeill
Branch 286 Tumbler Ridge
Branch 295 Chilliwack-Vedder
Branch 32 Agassiz
Branch 35 Armstrong
Branch 46 Revelstoke
Branch 52 Kamloops

Branch 54 Sooke
Branch 57 Mission City
Branch 61 Delta
Branch 63 Smithers
Branch 8 White Rock
Branch 88 Maple Ridge
LA to BC/Yukon Command
LA to Branch 194
LA to Branch 288
Vancouver Poppy Fund
Victoria Poppy Fund
West Kootenay Zone
Westshore Poppy Fund

Note: To protect privacy, we do not publish the names of individuals



THANK YOU

We respectfully acknowledge
those gifts given in 2022 in
honour or in memory of others:

Capt. John Ernest Beech
Major Walter Thomas Carter, DFC, CD
(WW2, RCAF, RAF, RNZAF)
Lt. Malcolm Castle
Sgt. Major E.W. Cooper - 3rd Canadian
Field Regiment
John Arthur Crowther, RCAF 1924-2007
Lt. Col. Terry Davis
Richard Gregory
Stickney Harris, Flight Lieutenant
Graham Hunter
Robert Johnston
Herman Keys DCM
Peter Kane
Major Julian Kirstiuk CD
Joffree Lacroix
Cpl. Al Lewis, RCEME
F/O Alvin Edward Lindenfield RCAF

Clifford E. Mawson, Peacekeeper
Jimmy Mee
David Munro, Peacekeeper
Robert Munro
George Norris
Joseph Roblesky
Archie Smith
The Rev. Canon Brian E. Shoesmith
Joseph Roblesky
Archie Smith
John Valentine Templin
William Thurgood
Clifford Ursel
Grant Vandale
Ted Wood

Note: Names are only published with direct permission. Every effort was made to ensure a correct listing. We apologize for any mistakes.